

Newsletter: Julie Whitton

01271 830311

julie@theyews.org.uk

Swimbridge Parish Clerk

Lee Wadsworth: 830705

www.swimbridgepc.org.uk

f Swimbridge Village Forum

f Landkey Village Forum

Village defibrillator is located at front shelter of Jack Russell Inn

Jack Russell Inn

Paul Darch— 01271 830366

f thejackrussells swimbridge

St James Church

Services every Sunday 9.30am

Online services at

<https://www.facebook.com/mission.prayerprogramme>

Lyncroft Stores, Landkey : 830278

Swimbridge Post Office in Church

every Tues 2-4pm

Swimbridge Jubilee Hall

07714 256379

www.swimbridgejubileehall.com

Swimbridge C of E School: 830437

Swimbridge Pre-school : 830357

Food Bank: Church porch

DATES FOR YOUR DIARY

Mon 10 Jan

Little City for Toddlers, Jubilee Hall

Mon 10 Jan, 7.30 pm, Jubilee Hall

Chakra Dancing & Meditation

Tues 4 Jan, 6.30 pm, Jubilee Hall

Slimming World

Wed 12 Jan, 1.30—2.30 pm

Baby and Toddler Group

The Old School Room

Wed 12 Jan, 6.10 pm, Jubilee Hall

Pilates

Wed 12 Jan, 7 for 7.30 pm

Parish Council meeting, Jubilee Hall

Sat 22 Jan, 10am, Swimbridge park

Wild primrose planting

Fri 4 Feb, 8 for 8.30 pm, Jubilee Hall

Jazz Club — Slightly Blue Band

Sat 12 Feb, 10am, Old Orchard

Apple tree pruning workshop

Weekly regulars

(see overleaf for contact details)

Monday

- Little City, 9.30 and 11.15 am, JH

- Chakra Dancing, 7pm, JH

Tuesday

- Phonics with Robot Reg ND,

9.45 am, 10.45 am, 11.45, JH

- Slimming World, 6.30 pm, JH

Wednesday

- Tiddly Om Poms Toddlers, 10 & 11am, JH

- Baby & Toddler Group, 1.30-2.30 pm

Old School Room

- Healthy Balance Pilates,

6.10 & 7pm, JH

- Jack Russell steak nights

Thursday

- Baby Bloom Classes—9.30, 10.45

and 11.50 am, JH

- Landkey Guides & Rangers, 6.30 pm, JH

Friday

- Jack Russell—Burger night

- First Friday (in mth) Jazz Club, 8pm, JH

Saturday

- Ballet with Marion—morning

Sunday

- St James Church service, 9.30 am

- Jack Russell—Sunday roasts

Swimbridge Newsletter

www.swimbridgepc.org.uk

www.swimbridgejubileehall.com
facebook Swimbridge village forum

Wed 12 January 2022

Thank you to all those who have worked so hard over the Christmas period and throughout the year to make Swimbridge the special village it is. A big thank you to John & Barbara Ackland for the Swimbridge Star and their team and to Paul & Lynda Booth for powering it.

HAPPY NEW YEAR



Baby and Toddler Group



Wednesday's as from 12th January 1.30 pm—2.30 pm
The Old School Room
Swimbridge
(near Church)

Lots of play activities for babies, toddlers and their carer.

Call 01271 830357 for more info.

There will be a chance to chat to others and share experiences. We hope to include singing, stories and themed sessions. The session will be led by a qualified early years practitioner. There may be ideas too that you might like to try at home. Come along for a cuppa and a friendly welcome.

First session on Wed 12th January

Jack Russell Inn ... Our popular **steak night** is on Wednesday, **burger night** on Friday and **roasts** on Sunday. Our delicious **takeaways** are available every Thursday, Friday and Saturday evening so if you don't fancy cooking why not collect something on your way home. The menu is on the facebook page. **Message us or call 830366.**



The Riverbank benches look great and we shall soon be installing a sign about the project, including a thank you to the sponsors of the benches and to the Swimbridge Allotment holders who very kindly contributed to the sign itself. Everyone is welcome to our next volunteers' gathering at **10 am on Saturday 22 January**, when we shall - among other things - start our next project: this is planting Wild Primrose plugs donated by the Tarka Country Trust, who have also given us a grant of £500 to establish a wildflower meadow in the Parklands. Volunteers will also be setting up a new table tennis table. Please feel free to join in! And please bring a mask and observe social distancing rules. Further info: Mark Haworth-Booth 07813 776349.

FIRST FRIDAY JAZZ CLUB

FRIDAY, 4 FEBRUARY 2022 from 8 pm - 10.30 pm, Swimbridge Jubilee Hall

SLIGHTLY BLUE BAND

Ed Stokes, Mark Lavender, David Budd, Ian Loud and Rob Bright. This is a Torbay-based band specialising in the blues, as shaped by early exponents like Sonny Boy Williamson and Muddy Waters. It is an exuberant, melodic sound that always results in foot tapping and hand clapping. Doors open 8 pm, music starts 8.30 pm prompt. Everyone attending will be asked to provide proof of COVID vaccinations or a negative test within the past 48 hours. Tickets £10 on the door or for details to purchase beforehand visit

<http://www.FirstFridayJazz.uk> 01598 740114 info@firstfridayjazz.uk

There are lots of activities in the village hall—to find out details visit ...

<http://www.swimbridgejubileehall.com>

Note Swimbridge Pre-school is every weekday in the Lower Old School Room, near Church

Monday's: Little City North Devon for toddlers / Chakra Dancing & Creative Meditation.

Tuesday's: Phonics with Robot Reg North Devon / Slimming World

Wednesday's: Tiddly Om Poms for 0-4 yrs / Baby & Toddler Group (Old School Room) / Healthy Balance Pilates Classes

Thursday's: Bloom Baby Classes / Landkey Guides & Barnstaple Rangers

Friday's: First Friday Jazz Club (first Fri every month)

Saturday's: Lindsay Ballet Studio

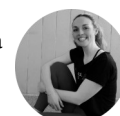
Sunday: Badminton Sunday or other week nights

For a smaller venue, you can book the upper old school room — contact david.netherway@btinternet.com



Wednesday Evening Pilates class in Swimbridge, 6.10—7pm as from 12 Jan, Jubilee Hall

Start the year by joining Becca from Healthy Balance Pilates on a Wednesday evening (6.10-7pm) in the village hall. This class is suitable for beginners and all levels of fitness. Pilates is a mat based activity and focuses on strengthening the body and improving core strength. Becca also teaches in Landkey (Mon evenings and Tues mornings); if you are interested in joining a class please get in touch with her via email rebecca@healthybalance.org.uk or 07706042746.



Welcoming new and returning members!

Come and get that Slimming World feeling on **Tuesdays at 6.30pm** at the Swimbridge Jubilee Hall. No need to book but if you'd like more info just call/text Claire Holm on 07584 372638.



USEFUL CONTACTS

Swimbridge Parish Council
www.swimbridgepc.org.uk
Clerk: Lee Wadsworth, 830705
(NEW REG DATE 2nd Wed in month)
Post Office in the Church:
Tuesdays, 2-4pm
St James Church Services
Sunday morning service: 9.30 am
f Mission Prayer Programme
www.swimbridgeparishchurch.org
Rev Shaun O'Rourke, 830950
Friends of St James Church:
Mark Haworth-Booth, 07813 776349 /
markhaworthbooth@gmail.com
Food Bank Collection Point:
St James Church porch

Jack Russell Inn: Paul Darch, 830366
https://www.facebook.com/
thejackrussellswimbridge

Lyncroft Stores: 830278
Shop opening times: Mon-Sat 8am-
6pm / Sun 9am-noon **Post office:**
Mon-Sat 9am-4.30pm/Sun 9—noon.

Swimbridge C of E School, 830437
Swimbridge CE School PTF
swimbridgeprimaryPTFA@gmail.com
Swimbridge Pre-school, 830357
Swimbridge Jubilee Hall 07714256379
www.swimbridgejubileehall.com
Chair: Colin Wadsworth, 830705

Regular activities in Jubilee Hall

Monday
Little City North Devon
Nicola@littlecitynorthdevon.com
Chakra Dancing & Creative
Meditation Claire 07725 173961
www.soultosoulholistictherapies.com
Tuesday
Slimming World : 07584 372638 f
Swimbridge Slimming World with Claire
Wednesday
Tiddly Om Poms Cathy Rowe 07766
931170 tiddlymusic@gmail.com
Healthy Balance Pilates Classes
07706 042746 / f HealthyBalancePilates
Thursday
Bloom Baby Classes Andrea
07926 034130
www.bloombabyclasses.com
Landkey Guides & Rangers
Phoebe 07795218579 or
Landkeyguides@gmail.com
Friday
First Friday Jazz Club
01598 740114 info@firstfridayjazz.uk
Saturday
Health Balance Pilates (see Wed)
Lindsay Ballet Studios
www.facebook.com/Lindsay-Ballet-
Studios 01271 374272
Sunday
Badminton Club—Matthew Smith
f: Swimbridge Badminton Club
07739 344343.

Upper Old School Room: 830587
david.netherway@btinternet.com
Swimbridge Parklands
Chair: Colin Wadsworth 830705
To donate: <http://bit.ly/swimbridgepark>
Swimbridge Green Team
David Netherway, 830587
Swimbridge Feoffees
Mike Cliff, 831188.
Swimbridge Book Swap – FREE
St James Church on back pew
D&C Neighbourhood Police: PCSO
Marcus Jarvis & Lucy Robinson
non emergency: 101
Snow Warden: Mel Bartlett: 831200
Allotments (The Square) and Piano &
Flute lessons Lindsay Cooper, 830347
Avon representatives
Charlotte Smart, 075 7288 3130
Fremington Contractors plumber Matt,
Swimbridge: 07891534817
Salon at the Saloon Hairdresser
Melissa Darch, 079 7090 6421
Clean-Me Chimneys
Keith Clarke 01271 830602
Darren Knill, Rhino Contractors
property maintenance 07928384916
Oliver Morrish Garden 07583641802
Swimbridge Nursing & Res Home
Person in Charge, 830599
Riverton Fishery, 830009
A Barrow Full of Flowers (florist)
07765345083/goilrogers205@gmail.com
Chris Pavord, Gas Engineer 07766334242



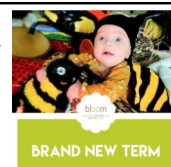
Swimbridge Parish Council: The next meeting takes place on Wednesday 12 January at 7 for 7.30pm start. All are welcome to attend. At 7pm, tea, coffee and biscuits are available as well as the opportunity for an informal chat with the Councillors. Please send news and articles for the Parish Council website via Swimbridge Parish Council Clerk

Lee Wadsworth to the **website:** www.swimbridgepc.org.uk The new regular date is 2nd Wed in the mth.

There is a new notice board for community notices on the bus shelter provided by the Jubilee Hall Committee. A big thank you to David Holm for making it.



Are you looking to join a baby class in the new year - Bloom is back! Bookings are open for classes. Our baby development classes focus on your wellbeing, the bond between parent and baby. We use lots of fun sensory props, bespoke music, parachutes and a different theme every week. **Caterpillar Club 6 wks- 6 mths AND Busy Bees 6 mths - 15 mths/walking confidently** at the Jubilee Hall on Thursdays. To see availability, timetables and to book on to secure your space, go to www.bookwhen.com/bloomnorthdevon



Swimbridge Pre-school is a small and friendly pre-school for 3 to 5 year olds in the old school rooms next to the Church. Places available—sessions run every weekday morning during term time from 9am to 12 noon. To book a space visit <http://www.swimbridgepreschool.com/contact.html>



SOUL TO SOUL HOLISTIC THERAPIES CHAKRA DANCING & Creative Meditation

Starting Monday 10th January
7pm—8.30 pm
Swimbridge Jubilee Hall
£10 per person. Booking is essential.
Call Claire on 07725 173961 or book online at
www.soultosoulholistictherapies.com

Lyncroft Stores Landkey shop hours

Shop:
Mon-Sat 8am-6pm and Sun 9am-noon
Post office:
Mon-Sat 9am-4.30pm & Sun 9am—noon



Swimbridge Parklands
Registered charity no 1096684

We haven't forgotten about opening the park car park— it will be open as soon as the gates and posts are installed for the safety of the public.

A date for your diary ... The Party in the Park—to launch the park's official opening is 30 April 2022.

You raised £11.04 for the park over 3 mths through Amazon Smile— if you are shopping online please help Swimbridge Parklands raise funds by clicking on Amazon Smile:

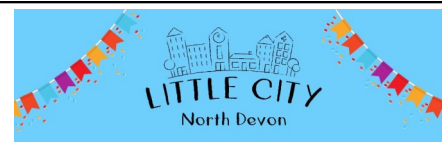
<https://smile.amazon.co.uk/ch/1096684-0>

Every purchase you make through Amazon will enable Swimbridge Parklands to receive 0.5% of your eligible purchase in donations at no cost to you.

Thank you.

EXTRA'S ..

- ◆ Date for your diary ... Sat 12 Feb, 10am, Old Orchard, Apple tree pruning workshop with Michael Gee and David Netherway.
- ◆ Some areas in the village are experiencing car parking difficulties. I have been asked to put in a note asking neighbours to be considerate of one another when parking.



Little City - North Devon

Mon 10th January

Swimbridge Jubilee Hall

The original pop-up mobile role play sessions for Pre-schoolers! Christmas is over - are you looking ahead to making plans for January with your little ones?

- ◆ Come and join us for an hour of learning through play
- ◆ Meet up with a friend in a warm, safe and spacious environment, for your small ones to enjoy some role play fun.
- ◆ Refreshments available too!
- ◆ Visit Bookwhen.com/littlecitynorthdevon for more details on venues, dates and online booking.

Wednesdays Jubilee Hall Tiddly Om Poms for little ones 0—4 yrs

10am and 11.15 am
Contact Cathy to book
f: tiddlymusicnorthdevon
or email tiddlymusic@gmail.com



NEWLSETTER I'd like to pass over the newsletter to someone else. If you want to take it on please contact Julie on 830311 or email julie@theyews.org.uk